

**Paul B. Greene, Ph.D.**  
**Curriculum Vitae**

**Business Address:** Manhattan Center for Cognitive-Behavioral  
Therapy  
315 Madison Avenue, Suite 806  
New York, NY 10017

**Office Telephone:** (646) 863-4225

**E-mail Address:** greene@manhattanCBT.com

**Current Position:** Director, 2010-present

**Licensure:** New York psychologist #016452  
Massachusetts psychologist # PSY5000437  
New Jersey psychologist # 35SI00707700

**TRAINING:**

2007-2009 **The Mount Sinai Medical School, New York, NY**  
Postdoctoral research fellow, Department of Oncological Sciences  
Investigating effect of cognitive-behavioral therapy for survivors  
of stem cell and bone marrow transplants; working on developing  
possible CBT dissemination and cancer-related fatigue pilot  
studies  
Mentor: William Redd, Ph.D.

2004-2005 **Memorial Sloan-Kettering Cancer Center, New York, NY**  
Postdoctoral research fellow, Department of Psychiatry and  
Behavioral Sciences  
Investigated effect of cognitive-behavioral therapy for survivors of  
stem cell and bone marrow transplants; worked on feasibility study  
of real-time data capture for measurement of quality of life in lung  
cancer patients recovering from surgery  
Mentor: Jack Burkhalter, Ph.D.

**Ph.D.** 2004 **Boston University, Boston, MA**  
Major: Clinical Psychology  
Mentor: Robert Harrison, Ph.D.  
Dissertation advisor: Michael Lyons, Ph.D.  
Dissertation title: Stress Reactivity, Health, and Meditation: A Path  
Analytic Approach

**M.A.** 2000 **Boston University, Boston, MA**  
Major: Clinical Psychology  
Masters research project: Self-reported personality characteristics  
and neurocognitive profile: A canonical correlative approach.

- 1998-1999     **New York University**, New York, NY  
Completed coursework in psychology masters program
- B.A.**     1994     **Rutgers University**, New Brunswick, NJ  
Major: Mathematics  
Minor: Philosophy
- DBT certification**     January 2022, completed 10-day intensive training led by Charles Swenson, MD, and Kathryn Patrick Butts, LCSW

### **AWARDS**

- 2008     Meritorious abstract citation at the Survivorship Research Conference for “A Profile of Anxiety Disorders among Distressed Survivors of Hematopoietic Stem Cell Transplantation.”
- 2007     Best poster, Neuropsychology and Rehabilitation Special Interest Group, Association for Behavioral and Cognitive Therapies, Annual conference
- 1991     University of Massachusetts Undergraduate Mathematics Competition, \$1500 First Prize.

### **LECTURING AND TEACHING EXPERIENCE**

- 2022     **Invited Speaker**,  
Social work grand rounds, Mount Sinai West  
Lecture title: “Cognitive-Behavioral Therapy in the Medical Setting”  
October 13th, 2022, New York, NY
- 2015     **Speaker**,  
Woman to Woman cancer survivorship program of Mount Sinai Hospital  
Invited lecture  
Lecture title: “Mindfulness and Cancer Survivorship”  
October 24th, 2015, New York, NY
- 2015     **Workshop leader**  
An Introduction to Mindfulness-Based Stress Reduction  
Workshop for students, faculty, and staff of the City University of New York.  
April, 2015
- 2011     **Speaker**,  
Rocky Mountain Cancer Centers  
Psychosocial Oncology Grand rounds  
Lecture title: “The Use of Cognitive-Behavioral Therapy in Cancer: History and Clinical Applications,” September 14, 2011
- 2009-2017     **Faculty/trainer**,

CBT Training for Cancer Clinicians. Mount Sinai School of Medicine, New York, NY, and City of Hope Cancer Center, Duarte, CA. Semiannual intensive workshop-based training program for social workers, psychologists, nurses, and psychiatrists.

- 2010-present **Clinical supervisor**  
Manhattan Center for Cognitive-Behavioral Therapy, New York, NY  
Primary supervisor for 24 doctoral students and 11 postdoctoral fellows.
- 2007 **Speaker,**  
Mt. Sinai School of Medicine, New York, NY  
Dept. of Oncological Sciences, Cancer Prevention and Control  
Lecture title: "Meditation, Perceived Stress, and Health," August, 2007
- 2007 **Speaker,**  
Memorial Sloan-Kettering Cancer Center, New York, NY  
Monthly departmental lecture series on Cognitive-Behavioral Therapy  
Lecture title: "Mindfulness and its use as a Clinical Tool: Historical Context and State of the Science," May, 2007
- 2005 **Adjunct Professor,**  
Department of Psychology, Hunter College, New York, NY  
PSYCH 270 – Cognitive Processes
- 2005 **Speaker,**  
Memorial Sloan-Kettering Cancer Center, New York, NY  
Fellows' Day lectures  
Lecture title: "The Use of Ecological Momentary Assessment of Health-Related Quality of Life in Post-Surgical Lung Cancer Patients," June, 2005
- 2005 **Speaker,**  
Memorial Sloan-Kettering Cancer Center, New York, NY  
Fellows' Day lectures  
Lecture title: "The Relationship Between Stress and Health-Related Quality of Life (HRQOL) in Practitioners of Buddhist Meditation," January, 2005
- 2004 **Speaker,**  
Memorial Sloan-Kettering Cancer Center, New York, NY  
Led one-day social work intern seminar on cognitive-behavioral therapy.
- 2001 **Teaching Fellow,**  
Boston University, Boston, MA  
*Course Title:* Abnormal Psychology
- 2000 **Teaching Fellow,**  
Boston University, Boston, MA

Course Title: General Psychology

**RESEARCH SUPPORT AWARDS AND SUBMISSIONS**

National Cancer Institute  
Greene (PI)  
*CBT Training for Clinicians Providing Supportive Care for Cancer Survivors*  
Direct Costs: \$1,500,000.  
Funded: September 1, 2009-August 31, 2014  
Role: Principal Investigator

National Cancer Institute (CA168551)      Redd (PI)  
*Training Community Nurses and Administrators to Implement Cancer Clinical Trials*  
Direct Costs: \$1,500,000.  
Funded: 10/1/12-9/30/17  
Role: Co-Investigator

National Institutes of Health  
Clinical Research Loan Repayment Program  
CBT for Transplant Survivors and Quality of Life in Lung Cancer  
Program of research examining efficacy of cognitive-behavioral therapy for survivors of stem cell transplantation, and investigating feasibility of real time data capture methodology in post-surgical lung cancer survivors.  
Awarded: August, 2005  
Role: Awardee

**PRIOR RESEARCH SUPPORT AWARDS**

*Fatigue During and Post Breast Cancer Radiotherapy: CBT with Hypnosis Trial*  
(RSGPB-04-213-01-CPPB)  
Principal Investigator: Montgomery  
Role: Interventionist  
Source: American Cancer Society  
The major goal of this project is to investigate the benefits of CBT and hypnosis on fatigue during breast cancer radiotherapy.

*Cognitive-Behavioral Therapy for Bone Marrow Transplant Survivors*  
Principal Investigator: William Redd, Ph.D., Mt. Sinai School of Medicine  
R01 CA093609-01A1  
NIH / NCI  
Role: Postdoctoral fellow / Site therapist  
Description: The goal of the project was to improve long-term adjustment in survivors of Bone Marrow and Stem Cell Transplant

*Quality of Life in Lung Cancer Surgery Patients: Using Real Time Data Capture*  
Principal Investigator: Jack Burkhalter, Ph.D., Memorial Sloan-Kettering Cancer Center  
Steps for Breath 2004  
Role: Postdoctoral fellow

Description: This project involved the development and pilot test of a quality of life assessment methodology using handheld computers to collect real time data in the natural environments of cancer patients; data collection is complete and results are being analyzed and submitted for publication

*Functional Magnetic Resonance Imaging Investigation of Meditation*

Principal Investigator: Sara Lazar, Ph.D.

K01-AT000694

NIH / NCCAM

Role: Research assistant, 2001-2003

Description: This project involved using fMRI technology to investigate the neurophysiological and neurocognitive correlates of mindfulness-based and other meditation practices.

*Orbitofrontal Dysfunction: A Neurobehavioral Continuum*

Principal Investigator: Catherine L. Harris, Ph.D.

R03-MH59255-01

NIH / NIMH

Role: Research assistant, 1999-2000

Description: This project involved various neuropsychological studies investigating a hypothesized continuum between psychopathy and obsessive-compulsive disorder that was based on orbitofrontal functioning.

*CBT for Transplant Survivors and Quality of Life in Lung Cancer*

NIH Clinical Research Loan Repayment Program

Program of research examining efficacy of cognitive-behavioral therapy for survivors of stem cell transplantation, and investigating feasibility of real time data capture methodology in post-surgical lung cancer survivors.

Awarded: August, 2005

**PROFESSIONAL MEMBERSHIPS**

Association for Behavioral and Cognitive Therapies

Anxiety and Depression Association of America

American Psycho-Oncology Society

Pi Mu Epsilon, National Mathematics Honor Society, Rutgers University

**REVIEWER:**

Psycho-Oncology

Bone Marrow Transplantation

Journal of Behavioral Medicine

Journal of Healthcare for the Poor and Underserved

Clinical Psychology: Science and Practice

**COMMITTEE WORK AND RELATED EXPERIENCE**

- 2020-present Member, Professional Education Committee, Anxiety and Depression Association of America
- 2008-2010 Treasurer, Mindfulness and Acceptance special interest group, Association for Behavioral and Cognitive Therapies
- 2006-2007 President, Mindfulness and Acceptance special interest group, Association for Behavioral and Cognitive Therapies
- 2003 Intern representative, Boston VA Outpatient Clinic training committee.

## **PUBLICATIONS**

- Shiyko, MP, Siembor, B, **Greene PB**, Smyth, J, Burkhalter JE (2019). Intra-individual study of mindfulness: ecological momentary perspective in post-surgical lung cancer patients. *Journal of Behavioral Medicine*, 42(1): 102-110. doi: 10.1007/s10865-018-9942-7
- Applebaum AJ, Duhamel KN, Winkel G, Rini C, **Greene PB**, Mosher CE, Redd WH (2012). Therapeutic alliance in telephone-administered cognitive-behavioral therapy for hematopoietic stem cell transplant survivors. *Journal of Consulting and Clinical Psychology*, 2012 Oct;80(5):811-6. PMID: 22468908
- Clark K, **Greene P**, DuHamel K, Loscalzo M, Grant M, Glazier K, & Redd W (2012). A Unique Interactive Cognitive-Behavioral Training Program for Front-Line Cancer Care Professionals. *Journal of Cancer Education*, 27(4), 649-655. PMID: 23090589
- Greene PB**, Philip E, Poppito SR, Schnur J. (2012). Mindfulness and Psychosocial Care in Cancer: Historical context and overview of current and potential applications. *Palliative and Supportive Care*, 10(4), 287-294. PMID: 22612897
- Galek K, Flannelly KJ, **Greene P**, Kudler T. (2011). Burnout, secondary traumatic stress, and social support. *Pastoral Psychology*, 60(5):633-649.
- DuHamel KN, Mosher CE, Winkel G, Labay LE, Rini C, Meschian YM, Austin J, **Greene PB**, et al. (2010). Randomized clinical trial of telephone-administered cognitive-behavioral therapy to reduce post-traumatic stress disorder and distress symptoms after hematopoietic stem-cell transplantation. *Journal of Clinical Oncology*, 28(23), 3754-61. PMID: 20625129
- Dinn WM, Harris CL, Aycicegi A, **Greene PB**, & Andover, MS. (2002). Positive and negative schizotypy in a student sample: Neurocognitive and clinical correlates. *Schizophrenia Research*, 56(1-2), 171-185. PMID: 14751430
- Dinn WM, Harris CL, Aycicegi A, **Greene PB**, Kirkley, SM, & Reilly, C. (2004). Neurocognitive function in borderline personality disorder. *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, 28(2), 329-341. PMID: 12084431

## **PRESENTATIONS**

- Macrynika, N, Miranda, R, Greene, PB (2019). Can an Adjunctive Mobile Application Increase Self-Efficacy in Behavior Change in DBT? A Proof-of-Concept Study. Association of Behavioral and Cognitive Therapies, Annual meeting, Atlanta.
- Glazier K., Socala M., Goldring A., Montgomery G, **Greene, PB**, & Schnur JB (2015). An Overview of Mindfulness-based Apps. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
- Herold, J. & **Greene, P.B.** (2014). Benefits of Long-Term Versus Short-Term Meditation Practice on Stress and Health. Association of Behavioral and Cognitive Therapies, Annual meeting, Philadelphia.
- Shiyko, M., Burkhalter, J., **Greene, P.B.** & Smyth, J.M (2014). Ecological Momentary Assessments of Mindfulness in Post-Surgical Lung Cancer Patients. Society of Behavioral Medicine, Annual meeting, Philadelphia.
- Greene, P.B.**, DuHamel, K.N., Loscalzo, M.J., Clark, K, Markarian, Y., & Redd, W. H. Translating Psychosocial Science to Clinical Care: A Dissemination Effort to Train Psychosocial Oncology Clinicians. Talk presented at the Cancer Survivorship Research: Translating Science to Care conference, Arlington, Virginia, June 2012.
- Greene, P.B.**, DuHamel, K.N., Markarian, Y., Burkhalter, J.E. Nathan, M., Labay, L. E., Nenova, M. & Redd, W. H. Dissemination of cognitive-behavior therapy training for psychosocial oncology clinicians. Talk presented at the Multinational Association of Supportive Care in Cancer / ISOO 2011 International Symposium, June 24, 2011, Athens, Greece.
- Socala, M, **Greene PB**, Schnur JB, Erblich J, Scheckner B, David D, & Montgomery, GH. Cognitive processes, activating events and specific emotions in breast cancer radiotherapy patients. Poster presented at the annual meeting of the Society for Behavioral Medicine, Washington, DC, April 2011.
- Greene, P.B.**, DuHamel, K.N., Markarian, Y., Burkhalter, J.E. Nathan, M., Labay, L. E., Nenova, M. & Redd, W. H. The Effects of CBT on Dispositional Optimism in Blood Cancer Survivors. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, November 13-16, 2008, Orlando, FL.
- Greene, P.B.**, Rusiewicz, A., Markarian, Y., DuHamel, K.N., Winkel, G. Burkhalter, J.E. Lawsin, C. Labay, L. E. & Redd, W. H. A Profile of Anxiety Disorders among Distressed Survivors of Hematopoietic Stem Cell Transplantation. Poster presented at Cancer survivorship research: mapping the new challenges. June 18-20, 2008, Atlanta GA. Recipient of Meritorious Abstract Award.
- Greene, P.B.**, DuHamel, K.N., Burkhalter, J.E., Markarian, Y.N., Labay, L.E., & Redd, W.H. Depressive and Posttraumatic Symptoms in Survivors Of Hematopoietic Stem Cell Transplantation. Poster presented at annual conference of American Psycho-Oncology Society. February 28 - March 2, 2008, Irvine, CA.

- Greene, P.B.**, DuHamel, K.N., Burkhalter, J.E., Markarian, Y.N., Labay, L.E., & Redd, W.H. Psychiatric Diagnoses in Survivors of Hematopoietic Stem Cell Transplantation. Poster presented at annual conference of American Psycho-Oncology Society. February 28 - March 2, 2008, Irvine, CA.
- Greene, P. B.**, Burkhalter, J. E., Li, Y., Shiyko, M., Flancbaum, M., & Park, B. (November, 2007). Mindfulness and Pain in Post-Surgical Rehabilitation in Lung Cancer. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, November 15-18, 2007.
- Payne, D., Holland, J., **Greene, P. B.**, & Tomarken, A. (February, 2006). A spirituality and meditation-based intervention for cancer outpatients. Poster presented at the annual conference of the American Psychosocial Oncology Society, Amelia Island, FL.
- Greene, P. B.** (March, 2005). A path analytic approach to the relationship between meditation, stress, and health. Talk presented at the annual conference of the Society for Behavioral Medicine, Boston, MA.
- Greene, P. B.**, Burkhalter, J. E., Park, B., Pelletier, M. (March, 2005). Using Real Time Data Capture to Examine Mindfulness as a Mechanism of Response Shift in Post-Surgical Lung Cancer Patients. Poster presented at the third annual Integrating Mindfulness-Based Interventions into Medicine, Healthcare, and Society conference, Worcester, MA.
- Greene, P. B.** (March, 2004). A path analytic approach to the effects of meditation practice on health and stress reactivity. Poster presented at the second annual Integrating Mindfulness-Based Interventions in to Medicine, Healthcare, and Society conference, Worcester, MA.

## **REFERENCES**

Available upon request.